

## **State Agencies & Community Organizations**

Each state agency or community-based organization has its own criteria, eligibility requirements and procedures. Parents should familiarize themselves with the processes early on as some agencies have a lengthy process. Please see the list below for some available resources.

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### **Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR)**

The ACCES-VR program can help an eligible person with a disability plan for a career, participate in paid work experiences, receive training to achieve work goals, and find jobs that match their abilities, interests and needs. Services through ACCES-VR can begin as early as a student's 11<sup>th</sup> grade year.

**Website:** <https://www.acces.nysed.gov/vr>

**Informational video:** <https://vimeo.com/483375715>

**ACCES-VR Brochure:** <https://www.acces.nysed.gov/sites/acces/files/guidetotransitionservices.pdf>

**Application:** English: <https://www.acces.nysed.gov/sites/acces/files/vr/vr04.pdf>

Spanish: <https://www.acces.nysed.gov/sites/acces/files/vr/vr04s.pdf>

#### **Levittown Liaison:**

Olga Treguboff, Vocational Rehabilitation Counselor

#### **Contact Information:**

711 Stewart Ave, Suite 4

Garden City, NY 11530

Phone #: (516) 227-6843

Text #: (516) 789-2172

Fax #: (516) 227-6834

E-mail: [olga.treguboff@nysed.gov](mailto:olga.treguboff@nysed.gov)

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### **Independent Living Centers (ILCs)**

Independent Living Centers (ILCs) provide an array of services that assist New Yorkers with all disabilities to live fully integrated and self-directed lives. ILCs assist with all aspects of living, learning, and earning. ILCs are private, not-for-profit organizations, governed by a majority of people with disabilities and staffed primarily by people with disabilities. ILCs are service and advocacy centers that do not run residential programs or operate places where people live. The philosophy of independent living is to maximize opportunities for choices and growth through peer driven supports and self-help. ILCs are the voice of people with disabilities and the disability rights movement in local communities across New York State.

#### **Long Island Center for Independent Living (LICIL)-Nassau County**

3601 Hempstead Turnpike, Suite 208 & 500

Levittown, NY 11756

Phone #: (516) 796-0144

Fax #: (516) 796-0529

Website: <https://licilinc.org/>

#### **Suffolk Independent Living Organization (SILO)-Suffolk County**

3253 Route 112, Bldg. 10  
Medford, NY 11763  
Phone #: (631) 880-7929  
Website: <https://www.siloinc.org/>

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## **New York State Commission for the Blind (NYSCB)**

The New York State Commission for the Blind (NYSCB) provides vocational rehabilitation and other direct services to legally blind New York State residents, including children, adults, and elderly persons. One of NYSCB's primary objectives is to assist consumers in achieving economic self-sufficiency and full integration into society.

**Website:** <https://ocfs.ny.gov/programs/nyscb/>

### **Long Island Regional Office**

711 Stewart Avenue, Suite 210  
Garden City, NY 11530  
Phone #: (516) 743-4188  
Fax #: (516) 292-7448

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## **The Office of Mental Health (OMH)**

New York State has a large, multi-faceted mental health system that serves more than 700,000 individuals each year. The Office of Mental Health (OMH) operates psychiatric centers across the state. OMH also regulates, certifies and oversees more than 4,500 programs, operated by local governments and nonprofit agencies. Their mission is to promote the mental health of all New Yorkers, with a particular focus on providing hope and recovery for adults with serious mental illness and children with serious emotional disabilities. Some of their services include: clinic treatment, day treatment, family support services, functional family therapy, home and community-based services, Single Point of Access (SPOA), vocational services, health care, recreation, case management, social services, residential resources and transitional services from high school into continuing education or the work force.

**Website:** <https://omh.ny.gov/>

### **Long Island Field Office**

Pilgrim PC, Building 45-3  
998 Crooked Hill Road  
West Brentwood, NY 11717-1087  
Phone #: (631) 761-2508  
Fax #: (631) 761-2820

**Customer Relations:** 1-800-597-8481

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## **The Office of People with Developmental Disabilities (OPWDD)**

OPWDD is responsible for coordinating services for New Yorkers with developmental disabilities, including intellectual disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, Prader-Willi syndrome and other neurological impairments. It provides services directly and through a network of approximately 500 nonprofit service providing agencies, with about 80 percent of services provided by the private nonprofits and 20 percent provided by state-run services.

**Website:** [www.opwdd.ny.gov](http://www.opwdd.ny.gov)

**Front Door Information Sessions:** This is a required informational session, available in both English and Spanish, that is the first step to accessing OPWDD support. Families and individuals learn the basics about what supports and services OPWDD offers. **Website:** <https://opwdd.ny.gov/get-started/front-door>

**Front Door Access to Services:**

[https://opwdd.ny.gov/system/files/documents/2023/10/040\\_front-door-access-to-services\\_9\\_7\\_23.pdf](https://opwdd.ny.gov/system/files/documents/2023/10/040_front-door-access-to-services_9_7_23.pdf)

**Front Door Information Sessions Calendar:** <https://opwdd.ny.gov/get-started/information-sessions>

**Eligibility for OPWDD Services:**

[https://opwdd.ny.gov/system/files/documents/2021/12/nys\\_opwdd\\_eligibility\\_important\\_121621.pdf](https://opwdd.ny.gov/system/files/documents/2021/12/nys_opwdd_eligibility_important_121621.pdf)

**Transmittal Form for OPWDD:**

[https://opwdd.ny.gov/system/files/documents/2023/02/eligibility\\_transmittal\\_form-plus-gender-x-02-01-23.pdf](https://opwdd.ny.gov/system/files/documents/2023/02/eligibility_transmittal_form-plus-gender-x-02-01-23.pdf)

**Local Office Contact:**

Michelle Reichert, NYS Office for People With Developmental Disabilities

415A Oser Avenue

Hauppauge, NY 11788

Phone #: (631) 434-6000

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## Parent to Parent of NYS

Parent to Parent of New York State builds a supportive network of families to reduce isolation and empower those who care for people with developmental disabilities or special healthcare needs. They help families to navigate service systems and make informed decisions.

**Website:** <https://www.ptopnys.org/>

**Local Office Contact:**

415 A Oser Ave.

Hauppauge, NY | 11788

Phone #: 631-434-6196

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## Social Security Disability Insurance (SSDI)/Supplemental Security Income (SSI)

The SSDI program pays benefits to a person if he/she is “insured.” This means that the person worked long enough – and recently enough - and paid Social Security taxes on earnings. The SSI program pays benefits to adults and children who meet their requirements for a qualifying disability and have limited income and resources. While these two programs are different, the medical requirements are the same.

**Website:** <https://www.ssa.gov/benefits/disability/>

**Adult Disability Starter Kit:**

<https://www.ssa.gov/disability/Documents/Adult%20Disability%20Starter%20Kit%20508%20English%209.25.23.pdf>

**Social Security Administration Local Office Contact:**

163 Mineola Blvd

2<sup>nd</sup> Floor

Mineola, NY 11501  
Phone #:1-800-772-1213  
TTY #: 1-800-325-0778